

ABC Facial Aesthetics

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Facial Aesthetics with Dr Su Rai

Dr Su Rai and her team are dedicated to delivering life changing dentistry and facial aesthetics.

Dr Su Rai is a cosmetic dentist who has been practising minimally invasive skin and facial enhancement over 15 years. Su prides herself on providing a holistic, 'whole-face' approach to care which gives natural looking results with her famously gentle touch. Her ethos is to provide balanced and natural results, with an emphasis on enhancing beauty while providing the highest standards of safety and all her patients can expect a thorough consultation with bespoke treatment plans tailored to individual needs.

Dr Su has completed extensive postgraduate training in all aspects of advanced facial aesthetics and skincare, including a Level 7 Diploma in Aesthetics. This has allowed her to treat a high volume of patients, providing a large range of predictable treatments, and develop extensive experience. She has always had a keen interest in combining injectable treatments with Obagi skincare and advanced skin treatments to give optimum results for full-face rejuvenation. Dr Su is also fully trained in Profhilo and Skin Pen micro-needling.



Anti-Ageing Injections

Turn back time and help prevent future ageing.

Anti-Wrinkle

Wrinkles on the face develop as part of the natural ageing process, but in some areas they can develop to the point where they take away from an otherwise youthful appearance. Depending whether they are only there when animating the face or there permanently, and how deep they are, they can be treated with a range of injectable treatments.

The aim is always to achieve a youthful but natural look, whilst allowing the muscles to move so that facial expression is maintained.

Smoker & Barcode Lines

This problem is easily treated using a combination of microneedle and soft tissue filler, resulting in a natural looking smoothing and hydration of the mouth area.

Individual lines are treated with a small amount of very light soft tissue filler. In some cases, a small amount may also be injected into the line of the lip to maximise smoothing.



Jawline, Cheek & Chin

Refresh and enhance your look with Dr Su Rai.

Jaw Enhancement

Jawline definition can be restored with small amounts of strategically placed soft tissue filler.

Where filler treatment is concerned, it is important to respect the face's anatomical ratios of Beauty. Dr Su Rai is trained to examine this before making your bespoke treatment plan and in some cases, filler treatment of other areas of the face may be necessary to ensure these ratios are respected.

Cheek Enhancement

Poorly defined, flat cheek bones are present in many people, but can also occur as a result of natural ageing process. They may be flat at the front of the face or lack sideways projection and both can be easily corrected using dermal fillers.

Chin Augmentation

Often people complain of having a weak chin. This can be the case if the mound of the chin does not extend to the level of the lips in profile and can be a source of social anxiety for many. This type of chin can be corrected using dermal fillers very successfully.



Tear Trough Treatment

Brighten your under eye.

The area under the eye can seem hollow and shadowed or discoloured which can give the illusion of a tired, dull and aged appearance.

This can be corrected with the use of a dermal filler placed under the eye. The choice of filler for this indication is very important in order to maintain a natural look Dr Su Rai uses Redensity II, which is a dermal filler containing not only hyaluronic acid but also essential nutrients to revitalise the skin under the eye to improve discolouration.



Lip Enhancement

Fuller, natural looking lips.

Fillers are made of a naturally occurring substance called hyaluronic acid, which hydrates and plumps the skin by improving its ability to retain water. Over time, the body loses hyaluronic acid and the skin starts to sag and forms wrinkles and folds. This is especially noticeable in the lips. Dr Su Rai uses natural fillers to replace the lost hyaluronic acid to restore volume and shape.



SkinPen micro-needling

Bring your inner beauty to the surface or hit reset on your skin

SkinPen is a micro-needling device that is clinically proven to improve the appearance of wrinkles of the face, neck and acne scars in patients aged 22 and over. In as few as three treatments spaced 30 days apart, you can improve your appearance and step out with confidence.

Micro-needling stimulates your body's natural wound healing process, while minimising cell damage. This rejuvenates the skin from the inside out and means there is little downtime and recovery is natural leaving you with smooth, healthy skin that glows from within.



Profhilo®

Skin booster

The first of its kind, Profhilo® is a revolutionary 'beneath the skin' hyaluronic acid moisturising treatment, made with the patented NAHYCO® technology. This results in a unique hyaluronic acid injectable gel, which has a prolonged stimulating activity on the dermal cells. When injected into skin, Profhilo® stimulates the skin cell receptors to counteract skin laxity and improve and restore firmness of the skin.

One of the highest concentrations of hyaluronic acid on the market, Profhilo® not only boosts and hydrates the skin, but also remodels ageing and sagging tissue. The most common areas of treatment include the face and neck and can also be used for the décolletage, hands, arms, knees and abdomen area where it would effectively treat skin laxity. The treatment is suitable for men and women as well as offering skin benefits for patients of all ages.



Obagi Blue Skin Peel

Reveal beautiful younger-looking skin

A quick, superficial salicylic acid-based facial peel that exfoliates and helps improve overall complexion. It provides tighter, smoother, brighter-looking skin after just 1 use. A series of 4 – 6 peels provide the best results.

Blue Peel RADIANCE® helps improve the following skin concerns

- Fine lines and wrinkles
- Rough, uneven skin
- Blemishes
- Mild to moderate photoageing

Reveal a new layer of beautiful skin with Blue Peel RADIANCE®

- Superficial, salicylic acid-based peel
- Can be used for a wide range of skin types
- Achieve quick, glowing results
- Tighter, smoother, brighter-looking skin after just 1 peel
- Quick and easy in-clinic procedure with little to no downtime